

Mandela Day, celebrated annually on July 18th, is not just an ordinary commemoration of the life and legacy of Nelson Mandela, the iconic South African leader. It goes far beyond that, acting as a call to action, a reminder of our collective responsibility to strive for a more equitable, inclusive, and compassionate world.

By participating in Mandela Day, you become part of a transformative movement that empowers individuals to effect change in their communities and beyond. It provides an opportunity to engage in acts of kindness, volunteerism, and social activism, amplifying the values Mandela cherished—freedom, equality, and solidarity.

Mandela Day encourages you to explore your passions, lend your skills, and ignite your potential to shape a better future for all.

Join us in making a difference by assisting us with our wish list below:

<p>HOUSE PROVISIONS:</p> <ul style="list-style-type: none"> • Bread • Cheese • Butter • Eggs • Fish Fingers • Fish (Hake) • Fruit & Vegetables (Apples, Bananas, Beetroot, Butternut, Broccoli, Cabbage, Onions, Potatoes, Spinach) • Peanut Butter • Long Life Milk • Coffee • Sugar • Oros • Tinned Tomatoes • Braai Relish • Jam • Mayonnaise • Cooking Oil • Washing Powder (automatic top loader & hand wash) • Fabric Softener • Handy Andy • Bleach • Furniture Spray • Dishwashing Liquid • Oven Cleaner • Tile Cleaner • Toilet Rolls 	<p>FOOD PARCELS:</p> <ul style="list-style-type: none"> • 2.5kg Mealie Meal • 1kg ACE / Monvite Instant Porridge • 200g Soya Mince (Imana) • 500g Dried Sugar / Speckled Beans • 1kg Samp (x2) • 500g Rice • 410g Smooth Peanut Butter • 1kg Sugar • 500g Salt • 425g Tinned Fish (x2) • 300g Corned Beef (x2) • 425g Baked Beans (x2) • 225g Mixed Fruit / Apricot Jam • 45g Packed Soup (x2) • 5 Family Pack Instant Noodles • 750ml Cooking Oil • Mixed Vegetables in Bine • 20 Pack Tea Bags Ordinary / Rooibos (x2) • 1kg Dairy Milk Powder Tin or Sachet 	<p>OTHER HOUSE INTERIOR ITEMS:</p> <ul style="list-style-type: none"> • Teenage trendy furniture (couch & table); • TV Cabinet • Baby Cot • Bed Linen (Single and 3/4 bed duvet covers, bed sheets, pillowcases and pillows) • Voile Curtains
<p>HOUSE ECO-FRIENDLY ITEMS:</p> <ul style="list-style-type: none"> • Thermal Blankets for geysers • Energy usage assessment • Low energy light bulbs • Light Switch Control movement in bathroom • Shower heads - low-flow fixtures • Recycling service (paper, plastic, glass) • House Electrical Wiring • Wall-mounted heaters • Fans • Aerolite Ceiling Insulation 	<p>CHOC CAREBAGS:</p> <ul style="list-style-type: none"> • Face Cloth • Soap Boar • Body Lotion/Vaseline/Aqueous Cream • Toothpaste (adult & child) • Toothbrush (adult & child) <p><u>Extras items for:</u> <i>Young Children:</i></p> <ul style="list-style-type: none"> • Colouring Book • Crayons <p><i>Teens:</i></p> <ul style="list-style-type: none"> • Therapeutic Colouring book • Colour pencils • A Teen reading material item • A Teen activity item 	<p>OTHER HOUSE EXTERIOR ITEMS:</p> <ul style="list-style-type: none"> • Outdoor Shade Cover for jungle gym • Small Garden Shed • Children Car Chair • Steel step for bus • Hand Tool Set Toolbox
<p>CHOC OFFICE:</p> <ul style="list-style-type: none"> • Stationary (Printing Paper, Ink Cartridges, Laminator machine. • Mobile Phones & package x2 (Office and House Supervisor) • Blinds for office / Window glazing • Vehicle General Service Assistance • Vehicle Tyres Replacement Assistance 		
<p>A FINANCIAL DONATION CAN MAKE THE FOLLOWING POSSIBLE:</p> <ul style="list-style-type: none"> • ONE FOOD PARCEL COST = R600 • ONE CAREBAG COST = R300 • ONE NIGHT STAY FOR A CHILD IN THE CHOC HOUSE = R300 <p>CHOC NORTHERN REGION BANKING DETAILS:</p> <p>Bank: Standard Bank Pretoria North Account Name: CHOC Pretoria Type: Current Account number: 012846325 Branch code: 010445 Reference Number: Individual/Organisation Name</p>		

The power to create meaningful change lies within each of us. Mandela Day provides a unique platform to channel that power and collectively work towards a world that upholds the values of compassion, equality, and justice.

By embracing the spirit of Mandela and dedicating just a fraction of our time to acts of service, we can sow seeds of transformation, making a lasting impact on individuals, communities, and societies. So, join the Mandela Day movement today, and let us together forge a brighter future for all of humanity.

